

ATTENTION 4 MILE RUNNERS

IMPORTANT RACE DAY INFORMATION!!!!

Packet & Race Number Pick-Up:

- Pre-Registered Packet & Number Pick-Up begins at 8:30 a.m. inside the Burnet Park Rink.
- Race Day Registration begins @ 8:30 a.m. inside the Warming Room @ the Burnet Park Rink. Race Day Registration costs \$20.00.
- 93Q's Ted & Amy will be hosting the pre-race festivities.

The Start:

- Runners should head for the START @ 10:40 a.m.
- All runners must run with their assigned number and computer chip.
- Please listen closely for vital race day announcements. The Shamrock Run is proud to announce the use of remote wireless speakers to ensure clear communication with runners and spectators.
- At approximately 10:50, the National Anthem will be played.
- Mayor Matt Driscoll will announce the start of the race.

The Course:

- Splits will be announced at each mile mark.
- There is one water stop at approximately the 2-mile mark.
- For medical assistance, look for Shamrock run volunteers wearing orange vests.
- The course is open for 1 1/2 hrs. (12:30 p.m.)

The Finish:

- Runners- After crossing the finish line, continue to move forward through the chute. You will then be asked to stop to remove your Champion Chip.
- Once a volunteer takes your chip, proceed to the Burnet Park Rink for food & refreshments.
- (Food & Refreshments are for Runners Only)

(Each person is responsible for the return of his or her chip. A replacement fee will be charged if the Champion Chip is not returned.)

The Post Race Award Ceremony:

- For Runners, Relatives & Friends
- Food and Beverage for Runners
- Hot Coffee for everyone
- Vote for your Favorite Corner Band!!! A voting box will be located next to the enlarged race map displayed in the Burnet Park Rink.
- Channel 9's Dan Cummings will emcee the award ceremony.
- If you choose not to stay for the award ceremony, prizes can be picked up at Masterpole & Murphy Insurance by March 14th.

GOOD LUCK RUNNERS!!!!!!!!!!