

## ATTENTION 4 MILE RUNNERS

### IMPORTANT RACE DAY INFORMATION!!!!

#### Packet & Race Number Pick-Up:

- Please arrive early as parking will be limited.
- Parking areas: 1) Avery Ave entrance to Burnet Park; 2) upper Zoo lots (closed after 10am); 3) or...park at one of the local Taverns and make the short walk to the park!
- Pre-Registered Packet & Number Pick-Up begins at 8:30 a.m. inside the Burnet Park Rink.
- Race Day Registration begins @ 8:30 a.m. inside the Warming Room @ the Burnet Park Rink.
- Race Day Registration costs \$30.00. Shirts will likely not be available for race-day registrants.
- 93Q's Ted & Amy will be hosting the pre-race festivities.

#### The Start:

- Runners should head for the START @ 10:40 a.m.
- All runners must run with assigned race bib and "D"-Tag timing unit attached to their shoe.
- Please listen closely for vital race day announcements. The Shamrock Run is proud to announce the use of remote wireless speakers to ensure clear communication with runners and spectators.
- At approximately 10:50, the National Anthem will be played.
- Mayor Stephanie Miner will announce the start of the race.
- Congressman Dan Maffei will be our Grand Marshal

#### The Course:

- Splits will be announced at each mile mark.

- There is one water stop at approximately the 2-mile mark.
- For medical assistance, look for Shamrock run volunteers wearing orange vests.
- The course is open for 1 1/2 hrs. (12:30 p.m.)

#### The Finish:

- Runners- After crossing the finish line, continue to move forward through the chute. "D"-Tag timing units are disposable...there is no need to remove them in the finish chute.
- Proceed to the Burnet Park Rink for food & refreshments.
- (Food & Refreshments are for Runners Only)

#### The Post Race Award Ceremony:

- For Runners, Relatives & Friends
- Food and Beverage for Runners; Hot Coffee for everyone
- Vote for your Favorite Corner Band!!! A voting box will be located next to the enlarged race map displayed in the Burnet Park Rink.
- Channel 9's Dan Cummings will emcee the award ceremony.
- If you choose not to stay for the award ceremony, prizes can be picked up at Masterpole & Murphy Insurance by March 14<sup>th</sup>.

**GOOD LUCK RUNNERS!!!!!!!!!!!!**