

# Attention 4 Mile Runners

## Important Race Day Information!!!!

### Packet and Race Number Pick-Up:

- Please arrive early as parking will be limited
- Parking Areas:
  - 1) Avery Ave entrance into Burnet Park
  - 2) Upper Zoo Lot (closed after 10:00 a.m.)
  - 3) ARC of Onondaga Lot on Wilbur Ave
  - 4) Syracuse Developmental Lot on Wilbur Ave
- OR: Park at one of the local taverns and make the short walk to the park!!!  
*(Strongly encourage)*
- Pre-Registered Packet Pick Up begins at 8:30 a.m. inside the Burnet Park Rink
- Race Day Registration begins at 8:30 a.m. inside the Burnet Park Rink
- Race Day registration costs \$35.00. Shirts will most likely not be available to runners who register on race day
- WSYR 9's Dan Cummings will be hosting the pre-race festivities

### The Start:

- Runners should head for the START at 10:40 a.m.
- All runners must be assigned an official race bib
- Please listen closely for vital race day announcements
- At approximately 10:50, the national anthem will be sung
- Mayor Stephanie Miner, will announce the start of the race

### The Course:

- Splits will be announced at each mile mark
- There is one water stop at approximately the 2-mile mark.
- For medical assistance, look for Shamrock Run volunteers wearing orange vests.
- The course is open for 1 ½ hours (12:30 p.m.)

### The Finish:

- Runners, after crossing the finish line, continue to move forward through the chute.
- Proceed to Burnet Park rink for food and refreshments
- Food and Refreshments are for Runners Only!!!

### Post-Race Award Ceremony:

- For Runners, Relatives and Friends
- Food and Beverage for runners
- 93Q's Ted Long will emcee the award ceremony
- If you choose not to stay for the ceremony, award may be picked up at Masterpole & Murphy Insurance by March 14th

GOOD LUCK RUNNERS!!!!!!